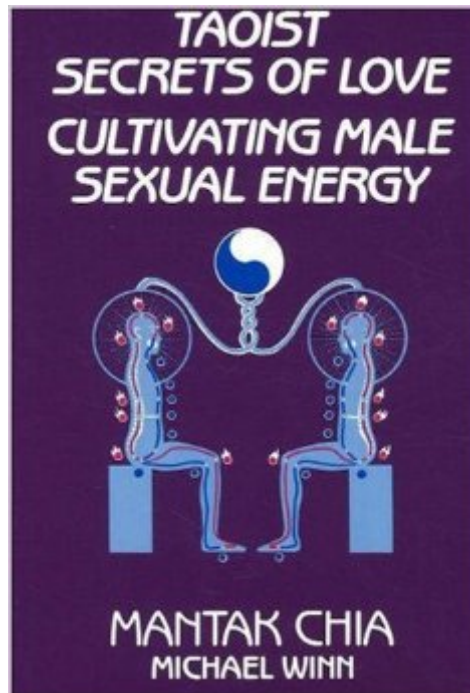


The book was found

Taoist Secrets Of Love: Cultivating Male Sexual Energy



Synopsis

Reveals the ancient sexual secrets of the Taoist sages. This book teaches: higher taoist practices for alchemical transmutation of body, mind and spirit; the secret of achieving and maintaining full sexual potency; the Taoist valley orgasm - pathway to higher bliss; and, how to conserve and store sperm in the body.

Book Information

Paperback: 285 pages

Publisher: Aurora Press; 1st edition (September 1, 1984)

Language: English

ISBN-10: 0943358191

ISBN-13: 978-0943358192

Product Dimensions: 6 x 0.8 x 8.9 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (51 customer reviews)

Best Sellers Rank: #34,747 in Books (See Top 100 in Books) #13 in [Books > Religion & Spirituality > Other Eastern Religions & Sacred Texts > Taoism](#) #21 in [Books > Politics & Social Sciences > Philosophy > Eastern > Taoism](#) #143 in [Books > Self-Help > Sex](#)

Customer Reviews

Forget about the kama sutra, and forget about every new age book on sacred sexuality out there. Here is an actual sexual science, and being taoist in nature, it is a very hardcore set of metaphysics and practices. Many of us are let down by other books on sexuality while out there looking for a way to revolutionize our sex lives. This one will actually do it. However the one thing that I must say to warn prospective buyers on is that it is not exactly an easy book to practice. Mantak Chias method of writing is extremely informative, and though these topics are esoteric he writes in a manner that is not at all difficult to read or understand. However I just wanted to say that following the authenticity of these taoist sexual sciences/metaphysics and practices, they are not for those who are looking for a book to just give them a new sexual technique or position that they can then just turn around and jump into with their lover. These practices are in fact practices, and being such they require actual effort and commitment. And they are not easy. They are not difficult or impossible, as with some manuals on taoist or other esoteric spiritual practices, where they will actually tell you that you need a guru/master to guide you through the practice in order to do it properly, so there is really no point in reading the book. No, the book is highly possible, and provides a viable practice for anyone

who has real interest in practicing it. But this is not just a book of sex. This is a book of Chi kung, sexual alchemy, sexual sorcery, cunnilingus, and other very advanced sexual practices. not necessarily for a beginner who just likes to have sex and has heard that tantra and taoism can bring their sex life to a new level. Its for people who are serious about spirituality and their practice of it. So if you are interested in transmuting baser sexual energies into higher forms of energy, power, and enlightenment, and becoming a higher sexual being in the taoist shaman sense of the concept. This book is your holy grail my friend, and the most important book a serious male sacred sexual practitioner can have in his library, and perhaps one of the only he may ever need.

He's done it again. In *Taoist Ways to Transform Stress into Vitality* as well as in this book, Mantak forgets the extremely important collection of energy at the navel after doing the microcosmic orbit. In both books, he summarizes the orbit sloppily, as if all that is needed is to let the energy flow from the eyes, down the body and up to the head. If the energy is not collected at the navel, it can damage your mind or your organs. If anyone wants to do the microcosmic orbit, read the book devoted to it: *Awaken Healing Energy Through Tao*, which describes the dangers and the precautions and lots more. It's a minor investment that can save you lots of trouble.

When I was fourteen, my father sent me *Taoist Secrets of Love*. I started to use some techniques, including the microcosmic orbit. At the age of nineteen, I had to start using anti-psychotic medicine. When I was twenty-six I discovered that the microcosmic orbit necessifies precautions and can otherwise lead to dangerous side-effects such as hallucinations. I stopped using the techniques. In the following year I was able to function better socially and could use half the usual dose of the anti-psychotic medicine. However, I had been achieving well intellectually for all those years, and in the year without the techniques those abilities became weaker. Now I am starting over by following every precaution mentioned in *Awaken Healing Energy of the Tao* when using the microcosmic orbit. I expect the prospect of sanity in addition to the usual good intellectual functioning. Mantak Chia's summary of the microcosmic orbit in *Taoist Secrets of Love* is careless, because it implies that there are no side-effects and no precautions to be taken. Be aware that you must read *Awaken Healing Energy of the Tao* if you want to use the microcosmic orbit safely.

Mantak Chia is a master who gives detailed descriptions of the how-to of moving sexual energy. The methods he proposes are very disciplined and therefore work best for people who like structure and have lots of patience and self-motivation. This book is also good for individuals not in

relationship, because so much of the work is done on one's own. Because Chia's work derives from the Taoist tradition (as opposed to Tantric), there is more emphasis on the physical and practical than the mystical and emotional aspects of the work.

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